

## “Mommy and Me” Program at Congregation Kol Tikvah garners second “Kids Crown Award!”

**Parkland, FL** – Each week toddlers celebrate with songs, art, motor activities and fun with their moms at the “**Mommy and Me**” program of the **Phylis J. Green Early Childhood Center (ECC) at Congregation Kol Tikvah in Parkland**. The program is led by veteran schoolteacher **Kimberly Singer**. Congregation Kol Tikvah is located at 6750 University Dr., Parkland.

Now they can celebrate another milestone: For the second time, “South Florida Parenting” magazine has awarded the “Mommy and Me” program at Congregation Kol Tikvah’s Phylis J. Green Early Childhood Center (ECC) as the “Best Mommy and Me” in its Kids Crown Award contest. The community is invited to vote for its favorite programs and Singer’s program once again came out on top.

In each one-hour theme-based session, children participate in educational activities and learn the

basic structure of their first “school” experience. Additionally, each class has a focus topic relevant to the developmental age of the children.

The “Mommy and Me Program” continues to flourish under Singer’s expert direction. Singer is a Florida State Certified



teacher and Parent/Infant Specialist.

“The Mommy and Me program features theme based sensory, art, creative movement and motor activities each week,” explains Singer, mother of two. “An interactive circle and story time rounds out this fast-paced class for busy toddlers.”

Singer also adds that the class teaches parents fun and beneficial ways to help their child socially and academically. “Upon completion of the program, parents are able to leave each ‘Mommy and Me’ class with strategies and activities to interact meaningfully with their child,” she says.

Mommy and Me is open to children and their parents from 6 months to 3 years old. She is also introducing a new art program for 3 to 5 year olds.

The Mommy and Me is a wonderful way for parents to connect with their baby or toddler. In addition, the program is a great way to transition into the preschool program.

For more information, please contact Kim Singer at [mommyandme@koltikvah.net](mailto:mommyandme@koltikvah.net) or contact the Phylis J. Green ECC at (954) 346-4281.